SURGICAL ANATOMY & APPROACHES TO BRAINSTEM GLIOMA

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Introduction





Historical considerations

- Because of its difficult access and functional importance, in the past, the brainstem was seldom explored by neurosurgeons, with its injury often conducive to deep coma.
- For many years, a tumor growing inside the brainstem was considered malignant in itself and managed empirically as a homogeneous group with radiation therapy as well as adjunctive chemotherapy.



Historical considerations

- □ Bailey et al (1939)- 'BSG are a hopeless problem for treatment'.
- Dandy (1962)- 'There is little indication for attempting any enucleation of the tumor in this region.
- □ Baker (1964)- published a series of pts with 'subependymal gliomas'.
- Pool(1968)- operated BSG , some of them having a long-term survival.



Historical considerations

- Gradual advancement in microsurgical technique, sophisticated imaging technology, most importantly availability of MRI.
- Identification of subcategories of tumors which appear to have low- grade pathologies and offer a better prognosis.
- □ Different series on BSG since then.

Brainstem – Gross anatomy



Brainstem – Ventral aspect



Brainstem – Dorsal aspect



Brainstem – Lateral aspect



Surgical anatomy - Dorsal aspect



Surgical anatomy - Dorsal aspect



Three parts –

- Superior/pontine
- Intermediate / junctional
- Inferior/ Medullary part

Surgical anatomy - Posterior aspect

K	alle -	Median sulcus
CN IV		Sulcus limitans –
Locus Ceruleus ——		Median eminence(M
Sup. Ped.	Mied, Sulcus	Vestibular area(L)
	1. 12	Median eminence-
Mid. Ped.		— 77 · 1 11· 1
Sulcus Limitans \		Facial colliculus
Inf. Ped.	Med. Emin.	Hypoglossal triangle
	Striae Med.	 Vagal triangle
Ini. Fovea	— Hypogl. Triangle	 Area postrema
111 1	—Vagal Triangle	Striae medullares
Alfea Postrema	Obex	

Brainstem glioma(BSG)-Epidemiology



- Approx. 1 % of all primary brain tumors, 10-20% of pediatric brain tumors.
- \Box 75% occur in children, 25% in adults.
- Median age at presentation-6.5 yrs, adults- 3rd 4th decade.
- □ M=F
- □ Approx. 75% diffuse, 25 % focal.
- □ Most focal tumors occur in midbrain.
- Pontine tumors are usually diffuse and high grade.

Brainstem glioma(BSG)-Epidemiology



Fayed N et al.**The Relationship Between Location and Prognosis in Brain-Stem Tumors.** OnLine Journal of Biological Sciences 7 (2): 72-79, 2007

systems



Authors & Year	Method Used to Create System	Classification System
Epstein, 1985	CT	intrinsic
		diffuse
		focal
		cervicomedullary
		exophytic
		anterolat into cerebellopontine angle
		posterolat & into brachium pontis
		disseminated
		positive cytological findings
		positive myelographic findings
Epstein & McCleary, 1986	CT, MRI, & surgical observation	diffuse
		focal
		cervicomedullary

systems



Stroink et al., 1987	CT	Group I: dorsal exophytic glioma Group II: intrinsic brainstem tumors IIa: hypodense, no enhancement IIb: hyperdense, contrast enhancing, exophytic Group III: focal cystic tumor w/ contrast enhancement Group IV: focal intrinsic isodense lesion w/ contrast enhancement
Barkovich et al., 1990	MRI	location (midbrain, pons, medulla) focality (diffuse or focal) direction & extent of tumor growth degree of brainstem enlargement exophytic growth hemorrhage or necrosis evidence of hydrocephalus

systems



Albright, 1996	MRI	focal (midbrain, pons, medulla)
		diffuse
Fischbein et al., 1996	MRI	midbrain
		diffuse
		focal
		tectal
		pons
		diffuse
		focal
		medulla
		diffuse
		focal
		dorsal exophytic

systems

Choux et al., 2000

CT & MRI

Type I: diffuse Type II: intrinsic, focal Type III: exophytic, focal Type IV: cervicomedullary

systems



Note that classification for exophytic tumors is the same as proposed by earlier authors but has been included here to provide completeness

Mehta VS, Chandra PS, Singh PK, Garg A, Rath GK. Surgical considerations for 'intrinsic' brainstem gliomas:

Proposal of a modification in classification. Neurol India 2009;57:274-81

Diffuse brainstem glioma – Choux Type I



Intrinsic focal brainstem glioma – Choux Type II



Focal exophytic brainstem glioma – Choux Type III



Cervicomedullary glioma – Choux Type IV





BSG - Pathogenesis

□ Molecular biology-

□ Mutation of P53, a tumor suppressor

gene

- □ Amplification of mutated EGFR gene
- □ Trisomy 1q, deletion of chr 19

□ NF – I -

□ More indolent course





□ CT-

Diffuse tumor
 hypodense lesion on
 NCCT that enlarge the
 pons (diffuse pontine
 hypertrophy) and
 displace IVth ventricle
 posteriorly,
 inhomogenous post contrast enhancement.







CT-

- Focal midbrain tumors (
 tectal plate glioma) may
 not be seen on NC +
 CECT head, leading to a
 false diagnosis of late
 onset aqueductal
 stenosis.
- MRI is an accurate and noninvasive method of diagnosis that can be indicated in all cases of late onset hydrocephalus and aqueductal obstruction, especially in adults.





□ MRI-

- Imaging modality of choice
 - Precise localization
 - Together with clinical picture, suggest the microscopic pathology of tumour, with a relatively high degree of probability.







MRI-

Diffuse BSG-

- Hypo on T1, hyper on T2, with hyperintensity extending into adjacent midbrain/medulla, inhomogenous contrast enhancement within or around the tumour.
- □ Contrast enhancement in only 1/3rd cases.
- No significant difference in prognosis with/without contrast enhancement.





MRI-

- Focal BSG-
 - Well circumscribed, of limited size, may be partially cystic, without associated edema/infiltration
 - Midbrain>Medulla>Pons
 - Hypo on T1, hyper on T2, nidus of focal enhancement
 - Usually pilocytic astrocytomas





□ MRI-

- Dorsally exophytic BSG-
 - Intra-IVth ventricular tm
 - Resemble vermian astrocytoma with involvement of IVth ventricular floor

Practical decisions regarding treatment of BSG



Practical decisions regarding treatment of BSG



Table 1. Brainstern tumour location and surgical approach

Location	Approach
Dorsal midbrain (tectum mesencephali)	Supracerebellar infratentorial
Ventral midbrain	Pterional trans-Sylvian
Lateral midbrain	Subtemporal transtentorial
Ventrolateral pons (cerebellopontine angle)	Retromastoid retrosigmoid
Dorsal pons and medulia oblongata	Midline suboccipital transventricular (through the fourth ventricle)
Lower medulta oblongata and cervicomedultary junction	Midline suboccipital and C1 laminectomy



Intraoperative monitoring



Cranial nerves EMG monitoring

 III,IV,V,VI,VII,
 IX,X,XI,XII
 BAEP

 SSEP and MEP

Anaesthesia for brainstem surgery



Multimodal monitoring – SpO2 & ETCO₂ monitoring, CVP line, arterial line, trans-esophageal echocardiography,

etc.

Anaesthesia for brainstem surgery

- During brain stem surgery, traction of cranial nerves and stimulation of nuclei and connecting pathways may cause severe alterations in blood pressure and heart rate, sudden respiratory drive despite the surgical level of anesthesia.
- Extreme bradycardia and ventricular arrhythmia can be life-threatening and must be treated promptly by immediate interruption of surgical stimulation before any pharmacological intervention.


- Almost all BSTs are dorsally located, therefore should be approached through posterior fossa.
- Position-prone(preferred)/sitting
- Midline skin incision
- Suboccipital craniotomy±cervical laminotomy
- □ Y –shaped dural opening









□ Vermis coagulated and split at appropriate level.

- Cerebellum held to the sides using self- retaining retractors(* avoid excessive side retraction – pseudobulbar palsy).
- □ IVth ventricle approached after division of medullary velum.



- Pontine tm- bulge in IVth ventricular floor.
- Medullary tm- medulla will be ballooned.
- Midbrain tm- precentral cerebellar vein and arachnoid over vein of galen complex may need to be divided.

Safe entry zones to brainstem -Rationale



- □ The brain stem is densely composed of important neural structures such as nuclei and neural tracts.
- □ Causes of morbidity following brainstem surgery-
 - Direct damage during removal of the lesion,
 - Selection of an entry route into the brain stem, and
 - The direction of brain stem retraction
- In most cases, the optimal surgical route can be established by use of the 2-point method, in which an imaginary line drawn from the center of the lesion to the point nearest the surface of the brain defines the least disruptive approach
- □ Where critical neural structures are sparse and no perforating arteries are present.

Safe entry zones to brainstem



- Suprafacial triangle-
 - MLF medially,
 - VII nerve caudally
 - SCP & ICP laterally
- The brain stem can be retracted either
 laterally or rostrally with relative safety.

Kyoshima K,Kobayashi S et **al.**<u>A study of safe entry zones via the floor of the fourth ventricle for brain-stem lesions</u>. <u>Report of three cases</u>. JNS 1993

Safe entry zones to brainstem



Infrafacial triangle

- MLF medially,
- Striae medullares caudally,
- Facial nerve laterally
- The brain stem can be retracted only laterally.

Safe entry zones to brainstem



Structures potentially damaged by brainstem retraction

Position Relative to Surgery	Suprafacial Triangle		Infrafacial Triangle	
	Stucture	Symptom	Structure	Symptom
lateral	superior cerebellar peduncie trigeminal nuclei	hemiataxia sensorimotor impairment of the face	facial nerve (deeper) vestibular nuclei	facial nerve palsy nystagmus
media	MLF	gaze palsy, nystagmus	MLPt	nystagmus
rostral	superior cerebellar peduncie	hemiataxia	nucleus of 6th nerve	abducens palsy
	3rd & 4th nerves & nuclei	oculomotor & trochlear paky	PPRF facial nerve	lateral-gaze palsy facial nerve palsy
caudal	nucleus of ôth nerve PPRF	abducens palsy fateral-gaze palsy	nuclei of lower cranial nerve	swallowing impairment, dysarthria
	facial nerve	facial nerve palsy		
ventra.	medial lemniscus	ataxia, depth perception impairment	medial lemniseus	ataxia, depth perception impairment
	lateral spinothalamic tract corticospinal tract	analgesia, thermanesthesia motor impairment	lateral spinothalamic tract corticospinal tract	analgesia, thermanesthesia motor impairment

Safe entry zones to brainstem-Anterolateral aspect

Midbrain- lateral mesencephalic sulcus

- Pons- peritrigeminal area
- Medulla- retro-olivary sulcus

Recalde R. MICROSURGICAL ANATOMY OF THE SAFE ENTRY ZONES ON THE ANTEROLATERAL BRAINSTEM RELATED TO SURGICAL APPROACHES TO CAVERNOUS MALFORMATIONS. Neurosurgery, 2008.



Tumour decompression

- Conventional suction technique frequently causes brainstem dysfunction manifested by bradycardia & arrhythmia.
- CUSA causes movement of adjacent structures only within 1mm of vibrating tip, allowing for extensive and quick dissection adjacent to or within the substance of brainstem.

Surgical technique-Focal tumour



 Essential that rostral & caudal pole of the tumor be completely exposed.
 Incise the lower vermis to obtain adequate separation of tonsils to view the entire posterior surface of IVth

ventricle.

□ Important to view the median raphe, calamus scriptorius and the obex.

Surgical technique-Focal tumour



Incision at an area where tumor is most superficial.

It also must be away from the midline and at least 1.5cm rostral to the obexavoids injury to cr. nv nuclei X-XII.

□ Incision <1cm.

Surgical technique-Focal tumor





- Use of plated bayonet(very small plates at the tip) as 'microretractor'.
- CUSA at a low setting.
- Careful identification of white matter interface.
- Minimal manipulation of adjacent normal tissue.



- Suboccipital craniotomy + osteoplastic laminotomy.
- Expose both rostral and caudal extent of the tumor.
- USG guidance to know extent of tumor prior to opening the dura - entire tumor should be within the confines of the operative exposure.





- The rostral end of a benign cervicomedullary tumor invariably expands posteriorly at the obex.
- Tumor is, in fact, displacing the medulla rostrally rather than extending into it.
- □ This explains why these tumor present with cervical myelopathy rather than LCN dysfunction.
- Conceptually, these tumor should be regarded as ' intramedullary spinal cord tumors'







Midline myelotomy

- `True' midline to be identified
- Identify DREZ bilaterally
- If tumor is solid-cystic, myelotomy to be placed first at tumor -cyst junction and cyst is removed prior to tumor excision.
- If tumor is non-cystic, → myelotomy where tumor is most voluminous & closest to the pial surface.





Myelotomy to be
terminated 1 cm proximal
to the caudal pole of the
tumor → tumor is least
voluminous here,
removed by gradual
upward dissection.

At the rostral pole, tumor invariably subpial and bulging posteriorly at the obex.



USG to guide the extent of tumor excision- to confirm bulk of tumor is removed.

Don't chase small questionable fragments.

If deterioration of SSEP/MEP during the procedure, interrupt the dissection and move to another area.

Surgical technique-Cystic tumour



□ Bulge into the IVth ventricle.

- □ "Collapse" of the cyst cavity and surrounding neural tissue following cyst evacuation → difficulty in identifying the solid nodule.
- 'Hand-held' retractor compared to fixed.
 Avoid frequent manipulation of retractor.
 Use of LASER.

Surgical technique-Dorsally exophytic tumor



Mostly benign, arising from subependymal tissue and grow posteriorly in the area of 'least resistance'-through the floor of IVth ventricle.

Major technical complication-injury to neural structures immediately below the ependymal lining. Surgical technique-Dorsally exophytic tumour



Remove tumor "flush" with the floor of IVth ventricle

- Do not pursue tumor inside the brainstem.
- Low grade astrocytoma, ganglioglioma..
- □ Facial colliculus injury.

Complication avoidance & management– Cervicomedullary tumor surgery

Complication	Avoidance	Management
Kyphoscoliosis	-Osteoplastic laminotomy -Conservative extent of bone removal based upon USG guidance	Correction & fusion(late post-op)
Sensory (posterior column) deficit	 -True midline myelotomy -SSEP -Initiation of myelotomy at the most bulky portion of the tm using USG guidance -Myelotomy to end 1 cm short of tapering caudal end of the tm 	Physiotherapy, Rehabilitataion

Complication avoidance & management – Cervicomedullary tumour surgery

Complication	Avoidance	Management
Motor deficit	 -Avoid chasing small questionable fragments in ventrolateral aspect of the resection cavity -USG guidance -MEP 	Physiotherapy Proper nursing Rehabilitataion
Cardiovascular instability	Close anesthetic monitoring and prompt discontinuation of maneuver	

Complication avoidance & management – Focal BSG surgery

Complication	Avoidance	Management
Cr nv V palsy	- Careful inspection of IVth ventricular floor to detect area of greatest bulge/tumor erosion to be used as entry into the tumor	Corneal lubrication, Tarsorrhaphy
VI,VII	 -Careful inspection of erosion site - Localize median raphe and incise away from midline - Safe entry zone landmarks 	Corneal lubrication, Tarsorrhaphy, Corrective surgery for LR palsy
VIII	BAER	Hearing aid

Complication avoidance & management – Focal BSG surgery

Complication	Avoidance	Management
IX-XII palsy	- Identify obex and incise floor 1.5 cm rostral to it if no ependymal erosion is present	Prolonged ventilation and tracheostomy
Cranial nerve palsies	 Ependymal incision < 1cm Use of plated bayonet Stay within the tumor, inspect carefully for the interface 	
Post-op hypoventilation, hypercarbia & brainstem hypoxia		Persistent mechanical ventilation, slow weaning, tracheostomy

Complication avoidance & management – Cystic BSG surgery

Complication	Avoidance	Management
Retraction injury	 Avoid excessive retractor manipulation Hand-held retractor Laser Avoid CUSA Don't chase questionable fragments 	

Complication avoidance & management – Dorsally exophytic BSG surgery

Complication	Avoidance	Management
Brainstem nuclei injury in general	 -Good visualization of ependyma above and below the tumour - Avoid resection below the ependymal floor 	



Peri-operative care

- Perioperative steroids(methylprednisolone)
- Elective ventilation for at least 48 hours
- Mechanical ventilation till recovery of ventilation & normal cough reflex
- □ LCN paresis- NG/feeding gastrostomy
- □ V,VII nv paresis- temporary tarsorrhaphy
- □ Good nursing care
- □ Physiotherapy
- Post-op brainstem injury mostly reversible if surgical technique is proper







- □ Diffuse glioma is an infiltrative, highly aggressive lesion which is always malignant regardless of the histology at the time of biopsy, associated with a very poor prognosis, MR appearance is reliable → No role of biopsy for these lesions. (Epstein,McCleary,1986)
- No role of open surgery/stereotactic biopsy in diffuse tumor because of typical MRI characteristics and clinical presentation (Isamat, 1999).
- Risks of biopsy far outweigh the remote possibility of diagnosing something other than a glioma.



Majority of focal, dorsally exophytic and cervicomedullary BSG are benign and resectable by direct surgery with low morbidity and good outcome.

> New york symposium on Brainstem surgery, 1996. Epstein, Constantini ,Hoffman, A Bricolo



\Box Reserved to

- □ When the diagnosis is uncertain, to rule out inflammatory pathology like TB.
- Focal intrinsic endophytic lesion- well limited masses within the brainstem surrounded by neural tissue and therefore do not reach the surface.



Role of GKRS

Yen CP, Sheehan J, Steiner M, Patterson G, Steiner L.

Gamma knife surgery for focal brainstem gliomas.

J Neurosurg. 2007 Jan;106(1):8-17.

> 20 patients
> 10-18 Gy
> Median follow up- 78 months
> Tumor disappeared in 4 pts, decreased in size in 12 pts
> Minimal peri & post- procedural morbidity


Newer advances





Role of endoscopy





Take home message

- BSG are a heterogenous group of neoplasm.
- □ Importance of MRI in diagnosis and planning of treatment.
- Minimize complications by operating upon 'benign' lesions in the presence of minimal neurological dysfunction .

□ Knowledge of 'safe entry zones'.



Take home message

- □ Diffuse tumor almost invariably malignant and should not be operated upon→ Direct RT + CT
- Focal medullary tumor
 - □ Likely to be benign
 - □ Surgery associated with significant morbidity
 - □ If laterally located & appears to be approachable with acceptable risks, resection is appropriate. If more centrally located→ Stereotactic biopsy + Irradiation
 - □ Role of primary radical excision still unclear



Take home message

- Dorsally exophytic tumor m-
 - □ Likely to be benign
 - □ Radical excision
 - Do not enter brainstem
- Cervicomedullary tumor -
 - □ Likely to be benign
 - Radical excision
- □ Cystic tumor
 - □ Radical excision
- □ Focal pontine tumor -

□ Radical excision if tumor is close to the surface

Thank you